



MONTH XX, 2021

## SUNDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Vegetable Beef Soup

### LUNCH

Pot Roast & Vegetables, Mashed Potatoes, Beef Gravy, Cornbread, Pie, A La Mode, Milk

OR

Open Face Turkey Sandwich, Mashed Potatoes, Vegetable Blend


## MONDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

### LUNCH

Pork Loin w/ Apple Chutney, Glazed Sweet Potatoes, Country Green Beans, Cheesecake, Brownies, Milk 

OR

Chili, Shredded Cheese, Diced Onion, Cinnamon Roll 

## TUESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream of Potato Soup

### LUNCH

Greek Style Salmon Filet, Rice Pilaf, Zucchini/Tomato Cass, Roll/Butter, Strawberry Cake/Cream Cheese Frosting, Milk  

OR

Taco Salad

## WEDNESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Minestrone Soup

### LUNCH

Stuffed Green Pepper, Corn, Assorted Dessert, Milk

OR

Twice Baked Chicken Breast, Baked Potato/Butter, Zucchini & Red Onion 

## THURSDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup

### LUNCH

Beef Pot Pie, Cranberry Fruit Salad, Spiced Baked Apples, Milk

Or

Creamy Turkey Cutlet, Mashed Potatoes, Baked Parmesan Tomatoes


## FRIDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Noodle Soup

### LUNCH

Lemon Pepper Fish, Rice, Buttered Carrots, Bread/Butter, Dark Sweet Cherries, Milk 

OR

Beef Tips in Gravy, Egg Noodles, Sautéed Mushrooms and Onions

## SATURDAY

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Broccoli Cheddar Soup

**LUNCH:** Smothered Pork Chop, Red Skin Mashed Potatoes, Harvard Beets, Roll/Butter, Caramel Mandarin Orange, Cake, Milk

OR

Supreme Pizza, Garden Salad/Dressing

WEEK 1



MONTH XX, 2021

## SUNDAY

### DINNER


Reuben Sandwich, Potato Salad,  
Three Bean Salad, Gelatin Cake,  
Milk

OR

Chicken & Vegetable Stir Fry Over  
Rice, Egg Roll

## WEDNESDAY

### DINNER


Twice Baked Chicken Breast, Baked  
Potatoes/Butter, Zucchini & Red  
Onion 

OR

Cheesy Scalloped Potatoes & Turkey,  
Brussels Sprouts

## SATURDAY

### DINNER


Cran Walnut Chicken Salad on  
Croissant, Sweet Potato Puffs,  
Pineapple Chunks, Milk 

OR

Polish Sausage, Sauerkraut, Potato  
Wedges

## MONDAY

### DINNER

Turkey Wrap, Cucumber & Onion  
Salad, Fresh Fruit Cup, Chocolate  
Éclair Dessert, Milk 

OR

Glazed Ham Balls, Macaroni &  
Cheese, Seasonal Vegetable

## THURSDAY

### DINNER

Tuna Salad on Half Croissant,  
Lettuce & Tomato Slice, Seasonal  
Vegetable, Potato Chips, Rice  
Krispie Square, Milk

OR

Breakfast for Dinner

## TUESDAY

### DINNER

Swiss Steak, Cheddar Mashed  
Potatoes, Seasoned Peas,  
Bread/Butter, Pudding Parfait, Milk

OR

BBQ Pork Sandwich, Baked Beans,  
Coleslaw

## FRIDAY

### DINNER

Baked Cavatelli, Toss  
Salad/Dressing, Garlic Bread, Ice  
Cream, Milk

OR

French Dip, Tater Tots, Broccoli  
Ranch Salad

 Healthy Heart  
 Gluten Free

WEEK 1



MONTH XX, 2021

**SUNDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tangy Garden Vegetable Soup

**LUNCH**

Applewood Smoked Bacon BBQ Ribs, Cheddar Ranch Scalloped Potatoes, Vegetable Medley, Cream Pie, Milk

OR

Herbed Chicken Breast, Potato Medley, Vegetable Medley

**WEDNESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

**LUNCH**

Meatloaf, Mashed Potatoes/Gravy, Southern Green Beans, Snicker Apple Dessert, Milk

OR

Turkey Pot Pie, Garden Salad Bowl

**SATURDAY**

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

**MONDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Soup

**LUNCH**

Country Fried Steak, Mashed Potatoes w/ Country Gravy, Lima Beans w/ Bacon, Roll/Butter, Lemon Meringue Pie, Milk

OR

Hawaiian Ham & Cheese Slider, Baked Chips, Fruit Cup

**THURSDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Italian Wedding Soup

**LUNCH**

Chicken Cordon Bleu, Oven Roasted Potatoes, Broccoli, Roll/Butter, Ice Cream Sundae, Milk

OR

Beef Burgundy w/ Mushrooms, Egg Noodles, Roasted Broccoli

**TUESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Vegetable Barley Soup

**LUNCH**

Chicken Picatta, Rice Pilaf, Spinach, Garlic Toast, Autumn Gelatin Parfait, Milk

OR

Baked Steak w/ Mushroom, Gravy, Baked Potato, Squash

**FRIDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Harvest Soup

**LUNCH**

Orange Ginger Salmon, Lemon Wedge with Parsley, Wild Rice Pilaf w/ Almonds, Roasted Beets, Blueberry Lemon Upside down Cake, Milk

OR

Breaded Pork Fritter on Bun, Tomato, Lettuce, Onion, Potato Salad

Cream of Potato Soup

**LUNCH:** Glazed Ham, Cheesy Corn Casserole, Green Beans, Assorted Dessert, Milk

OR  
Beef Stew, Corn Muffin

WEEK 2



MONTH XX, 2021

## SUNDAY

### DINNER

Shrimp Lobster Ravioli, Toss Salad/Dressing, Garlic Bread, Banana Pudding Dessert w/ Vanilla Wafers, Milk

OR

Deli Sandwich, Soup of the Day

## MONDAY

### DINNER

Tomato Soup, Crackers, Grilled Cheese Sandwich, Creamy Cucumber Onion Salad, Frosted Cupcake, Milk

OR

Chef's Choice

## TUESDAY

### DINNER

BBQ Pork Ribette, Potato Salad, Coleslaw, Parmesan Herb Biscuits, Chocolate Cake Roll, Milk

OR


Soup of the Day, Turkey & Cheese Club Sandwich, Marinated Vegetables

## WEDNESDAY

### DINNER

Cheddar Burger, Curly Fries, Three Bean Salad, Pink Ambrosia, Milk

OR

Vegetable Omelet, Sausage Patty, Fresh Fruit 

## THURSDAY

### DINNER

Smoked Sausage Sand w Peppers & Onions, Basil Peas, Rosy Applesauce, Milk

OR

Loaded Baked Potato, Deviled Egg Halves, Toss Salad/Dressing

## FRIDAY

### DINNER


Tuscan Salad w/ Grilled, Chicken & Crispy Croutons, Peaches & Cream, Milk

OR

Meatball Sandwich, Italian Pasta Salad, Creamy Cucumber Onion Salad

## SATURDAY

### DINNER

Roasted Turkey Frosted Dip, Pasta Salad, Pickled Beets, Gelatin Parfait w/ Whipped Topping, Milk 

OR

Chicken Tenders, Mashed Potatoes/Gravy, Cascade Blend Vegetables

 Healthy Heart  
 Gluten Free

WEEK 2



MONTH XX, 2021

## SUNDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Wisconsin Cheese Soup

### LUNCH

Balsamic Roast Beef, Baked Potato, Sour Cream, Steamed Cabbage, Assorted Pie, Milk  

OR

Smoked Pork Chop w/ Cherry Sauce, Stuffing, Green Bean Casserole

## WEDNESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Beef Noodle Soup

### LUNCH

Smothered Steak, Onions, Gravy, Boiled Potatoes/Butter, Spinach, Southern Peach Cobbler, Milk

OR

Navy Beans & Ham, Diced Onion, Brussels Sprouts, Cronbread

## SATURDAY

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

**LUNCH:** Open Faced Roast Beef Sandwich, Mashed Potatoes/Gravy, Lemon Broccoli, Fruit Turnover, Milk

OR  
Turkey A La King Over Biscuit, Carrots/Apples with Brown Sugar Glaze

## MONDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Corn Chowder

### LUNCH

Grilled Turkey & Bacon w/ Dijon Apple Butter, Cranberry Sauce, Fried Potatoes & Onions & Green Pepper, Bread Pudding w/ Rum Sauce, Milk

OR

Vegetable Quiche, Sweet Potato Hash, Muffin 

## THURSDAY

### BREAKFAST


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Bacon & Potato Soup

### LUNCH

Lasagna, Garden Salad Bowl, Garlic Bread, Pineapple Upside Down Cake, Milk

OR

Lemon Pepper Chicken Breast, Baked Parmesan Tomatoes, Buttered Zucchini 

## TUESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cabbage Soup

### LUNCH

Fried Chicken, Macaroni and Cheese, Seasoned Green Beans, Roll/Butter, Caramel Apple Pie Pizza, Milk

OR

Turkey & Swiss on Croissant, Lettuce & Tomato Slice, Baked Chips

## FRIDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream of Turkey Soup

### LUNCH

Shrimp and Grits, Toss Salad/Dressing, Parmesan Roll, Lemon Cheesecake Tart, Milk

OR

Chicken Stew, Cornbread Muffin, Honey, Toss Salad/Dressing 

WEEK 3



MONTH XX, 2021

## SUNDAY

### DINNER

English Muffin Tuna Melt,  
Macaroni Salad, Lemon Butter Peas,  
Winter Fruit Cup, Cookies, Milk

OR

Hot Dog on Bun, Baked Beans,  
Potato Salad

## WEDNESDAY

### DINNER

Sloppy Joe on Bun, Sweet Potato  
Wedges, Rocky Road Ice Cream,  
Milk

OR

Italian Deli Submarine Sandwich,  
Pasta Salad

## SATURDAY

### DINNER

Trio Salad Plate: Chicken, Ham &  
Pasta Salad, Crackers, Winter fruit  
Cup

OR

Chef's Choice

## MONDAY

### DINNER

Chili, Crackers, Toss  
Salad/Dressing, Sliced Strawberries,  
Milk

OR

Fish & Chips & Coleslaw

## THURSDAY

### DINNER

French Dip w/ Au Jus, Potato Chips,  
Spinach Salad w/ Cranberries, Rosy  
Applesauce, Milk

OR

Chicken Rice & Broccoli Casserole,  
Breadstick, Spinach Salad

## TUESDAY

### DINNER

Cottage Cheese Fruit Plate, Coffee  
Cake, Banana Cream Tart, Milk 

OR

Spaghetti w/ Meatsauce, Toss  
Salad/Dressing

## FRIDAY

### DINNER

Pulled Pork, Roasted Potatoes, French  
Green Beans, Roll/Butter, Carrot  
Cake Roll, Milk

OR

Italian Sausage & Peppers, Oven  
Roasted Potatoes

 Healthy Heart  
 Gluten Free

WEEK 3



MONTH XX, 2021

**SUNDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Soup De Jour

**LUNCH**

Pork Tenderloin w/ Citrus Salasa, Baked Sweet Potato, Scandinavian Vegetables, Roll/Butter, Pie, A La Mode, Milk

OR

Beef & Vegetable Stew, Parmesan Herb Biscuits

**WEDNESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Harvest Meatball Soup

**LUNCH**

BBQ Chicken Breast, White Cheddar Macaroni & Cheese, Acorn Squash Half, Roll/Butter, Classic Strawberry Shortcake, Milk

OR

Salisbury Steak/Gravy, White Cheddar Macaroni & Cheese, Green Beans

**SATURDAY**

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

**MONDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Soup

**LUNCH**

Mexican Manicotti, Fiesta Corn, Chocolate Chip Cake, Milk

OR

Lime Chicken, Sesame Green Beans, Mashed Cauliflower

**THURSDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup w/ Croutons

**LUNCH**

Steak Diane, Twice Baked Potato, Sunshine Carrots, Roll/Butter, Chocolate Mint Brownie, Milk

OR

Chicken & Dumplings, Carrots

Chef's Choice Soup

**LUNCH:** Cran Walnut Chicken, Salad/Croissant, Baked Chips, Broccoli Ranch Salad, Pudding with Berry Cup, Milk

OR

Swiss Steak w/ Tomatoes, Mashed Potatoes, Gravy, Acorn Squash Half

WEEK 4

**TUESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Taco Soup

**LUNCH**

Rosemary Roasted Turkey, Roasted Potatoes & Root Vegetables, Fruit Crisp, A La Mode, Milk

OR

Soft Taco, Corn

**FRIDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Clam Chowder

**LUNCH**

Fried Fish Potato Wedges, Coleslaw, Hushpuppies, Lemon Bar, Milk

OR

Baked Ziti w/ Meat Sauce, Garden Salad Bowl, Garlic Bread



MONTH XX, 2021

## SUNDAY

### DINNER

Egg Salad Sandwich, Club Spinach,  
Fresh Grapes, Cookies, Milk

OR

Cheesy Chicken Casserole

## WEDNESDAY

### DINNER

Quiche, Strawberry Spinach Salad,  
Muffin, Fruited Gelatin, Milk

OR

Bacon Cheeseburger on Bun, Steak  
Fries

## SATURDAY

### DINNER

Tater Tot Casserole, Toss  
Salad/Dressing, Breadstick,  
Snickerdoodle Cookie, Milk

OR

Turkey and Noodles, Toss  
Salad/Dressing

## MONDAY

### DINNER

Glazed Ham Balls, Sweet Potatoes,  
Zucchini, Tapioca Pudding, Milk

OR

Grilled Cheese Sandwich, Broccoli  
Cauliflower Salad

## THURSDAY

### DINNER

Grandma's Goulash, Tossed Greens  
w/ Vin & Oil, Breadstick, Mixed  
Fruit, Milk

OR

Breakfast Griddle Sandwich, Maple  
Syrup, Hashbrowns

## TUESDAY

### DINNER

Philly Steak Sandwich, Tater Tots,  
Toss Salad/Dressing, Fruit Fluff,  
Milk

OR

Chicken Pot Pie, Toss  
Salad/Dressing

## FRIDAY

### DINNER

Beef Sandwich, Creamy Horseradish  
Sauce, Potato Chips, Pineapple  
Chunks, Milk

OR

Sweet & Sour Pork, Rice, Vegetable  
Egg roll

Healthy Heart  
 Gluten Free

WEEK 4





MONTH XX, 2021

**SUNDAY**

**BREAKFAST**


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cream Broccoli Cheddar Soup

**LUNCH**

Burnt Ends, Baked Beans, Potato Salad, Roll/Butter, Pie, Milk

OR

Almond Chicken w/ Apricot Sauce, Wild Rice, Baked Tomato Half 

**WEDNESDAY**

**BREAKFAST**


Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

3 Bean Soup with Ham

**LUNCH**

Yankee Pot Roast, Oven Roasted Root Vegetables, Roll/Butter, Blueberry Cobbler, Milk

OR

Tuna Salad Stuffed Tomato, Pasta Salad 

**SATURDAY**

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

**MONDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

**LUNCH**

Hamburger Steak w/ Gravy, Mashed Potatoes/Gravy, Roasted Brussels Sprouts & Squash, Roll/Butter, Brownie Sundae, Milk

OR

Cuban Pork Sandwich, Coleslaw, Potato Wedges

**THURSDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chef's Choice Soup

**LUNCH**

Fried Chicken, Mashed Potatoes/Gravy, Parmesan Roll, Classic Strawberry Shortcake, Ice Cream, Milk

OR

Hot Turkey Slider, Baked Chips, Carrot Raisin Salad 

Italian Bean Soup

**LUNCH:** BBQ Ribs, Au Gratin Potatoes, Seasoned Lima Beans, Roll/Butter, Marble Cake/Frosting, Milk

OR  
Herb Baked Turkey, Au Gratin Potatoes, Seasoned Vegetables

**TUESDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Wild Rice Soup

**LUNCH**

Pineapple Glazed Ham, Baked Sweet Potato, California Vegetables, Roll/Butter, Pumpkin Pie, Milk 

OR

Chicken Fajitas, Black Bean Salad

**FRIDAY**

**BREAKFAST**

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Cheesy Ham & Potato Chowder

**LUNCH**

Salmon Croquette, rice, Creamed Peas, Assorted Dessert, Milk

OR

Spaghetti & Meatballs, Caesar Salad, Garlic Bread



MONTH XX, 2021

## SUNDAY

### DINNER

Grilled Ham & Cheese Sandwich,  
Vegetable Blend, Tater Tots, Turtle  
Pudding, Milk

OR

Flatbread Pizza, Toss  
Salad/Dressing

## WEDNESDAY

### DINNER


Pork Cutlets w/ Cranberry Wine  
Sauce, Stuffing, Green Beans,  
Roll/Butter, Rice Krispie Square,  
Milk

OR

Cheddar Beef Melt, Potato Wedges,  
Coleslaw

## SATURDAY

### DINNER

Chicken Rice & Broccoli Casserole,  
Tomato & Cucumber Salad,  
Roll/Marg, Apple Pie A La Mode,  
Milk 

OR

Grilled Pastrami Sandwich on Rye,  
Potato Chips, Vegetable Dip, Carrot  
& Celery Sticks

 Healthy Heart  
 Gluten Free

## MONDAY

### DINNER

Cowboy Stew, Cornbread, Rainbow  
Cake, Milk

OR

Crispy Chicken Salad, Breadstick  


## THURSDAY

### DINNER

Eggs Benedict Casserole, O'Brien  
Potatoes, Baked Parmesan  
Tomatoes, Muffin, Baked Apple  
Slices, Milk

OR

Shrimp Fried Rice w/ Vegetables,  
Egg Roll

## TUESDAY

### DINNER

Mini Corn Dogs, Macaroni &  
Cheese, Broccoli, Blushing Pears,  
Milk

OR

Salisbury Steak, Mashed  
Potatoes/Gravy, Seasonal Vegetable

## FRIDAY

### DINNER

BLT Sandwich, Potato Salad, Cottage  
Cheese & Peaches, Lemon Bar, Milk

OR

Chef's Choice

WEEK 5



MONTH XX, 2021

## SUNDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Chicken Noodle Soup

### LUNCH

Smoked Beef Brisket, Twice Baked Potato, Herbed Green Beans, Roll/Butter, Pie, Milk

OR

Roasted Chicken Breast, Twice Baked Potato, Herbed Green Beans



## WEDNESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

French Onion Soup

### LUNCH

Chicken Parmesan, Angel Hair Pasta, Italian Blend Vegetables, Garlic bread, Classic Strawberry Shortcake, Milk

OR

Cold Seafood Plate, Crackers

## SATURDAY

**BREAKFAST:** Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

## MONDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Squash Soup

### LUNCH

Crab Cakes, Crab Cake Sauce, Corn Nuggets, Crunchy Bacon Coleslaw, Roll/Butter, Oreo Cookie Ice Cream, Milk

OR

BBQ Glazed Meatloaf, Mashed Potatoes/Gravy, Stewed Tomatoes

## THURSDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Ham & Bean Soup

### LUNCH

Roast Beef, Mashed Potatoes/Gravy, Mixed Vegetables, Parmesan Roll, Fruit Cobbler, Milk

OR

Glazed Ham balls, Candied Yams, Mixed Vegetables

## TUESDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Tomato Basil Soup

### LUNCH

Kalua Pork, Orange/Pineapple Fruit Sauce, Baked Sweet Potato Half, Green Beans, Breadstick, Rocky Road Brownie, Milk

OR

Beef Stroganoff Over Noodles, Vegetable Blend

## FRIDAY

### BREAKFAST

Choice of Juice, Choice of Hot or Cold Cereal, Choice of Breakfast Meat Egg of Choice, Choice of Fruit, Daily Special, Milk

Homemade Vegetable Beef Soup

### LUNCH

Breaded Shrimp, Loaded Baked Potato, Vegetable Blend, Ice Cream Sundae, Milk

OR

BBQ Ribette, Vegetable Blend, Macaroni & Cheese

California Medley Soup

**LUNCH:** Fried Pork Chop, Hashbrown Casserole, Harvard Beets, Fresh Baked Vegetable Bread, Tapioca Pudding, Milk

Or

Luncheon Steak, Hashbrown Casserole, Seasonal Vegetable

WEEK 6



MONTH XX, 2021

**SUNDAY**

*DINNER*

Italian Deli Sandwich, Pasta Salad, Peas, Apple Pear Walnut Crisp, Milk

OR

Chef's Choice

**MONDAY**

*DINNER*

Chicken Kiev, Long Grain Wild Rice, Edamame Corn Vegetable Blend, Roll/Marg, Pie, Milk

OR

Shepherd's Pie, Garden Salad Bowl

**TUESDAY**

*DINNER*

Turkey Tetrazzini, Glazed Baby Carrots, Roll/Butter, Lemon Fruit Cup, Milk

OR

Breakfast for Dinner

**WEDNESDAY**

*DINNER*


Monte Cristo Sandwich, Homemade Potato Chips, Sour Cream & Chive Dip, Marinated Vegetables, Hawaiian Fruit Cup, Milk

OR

Street Tacos, Mexicali Corn

**THURSDAY**

*DINNER*

Baked Chicken Legs, Maple Roasted Brussels Sprouts w/ Bacon, Carrots, Roll/Butter, Assorted dessert, Milk  

OR


Chili Dog on Bun, Potato Wedges

**FRIDAY**

*DINNER*

Tuna Noodle Casserole, Garden Salad, Mandarin Oranges, Milk

OR


Herbed Pork Loin, Roasted Potato Medley, Riviera Vegetables 

**SATURDAY**

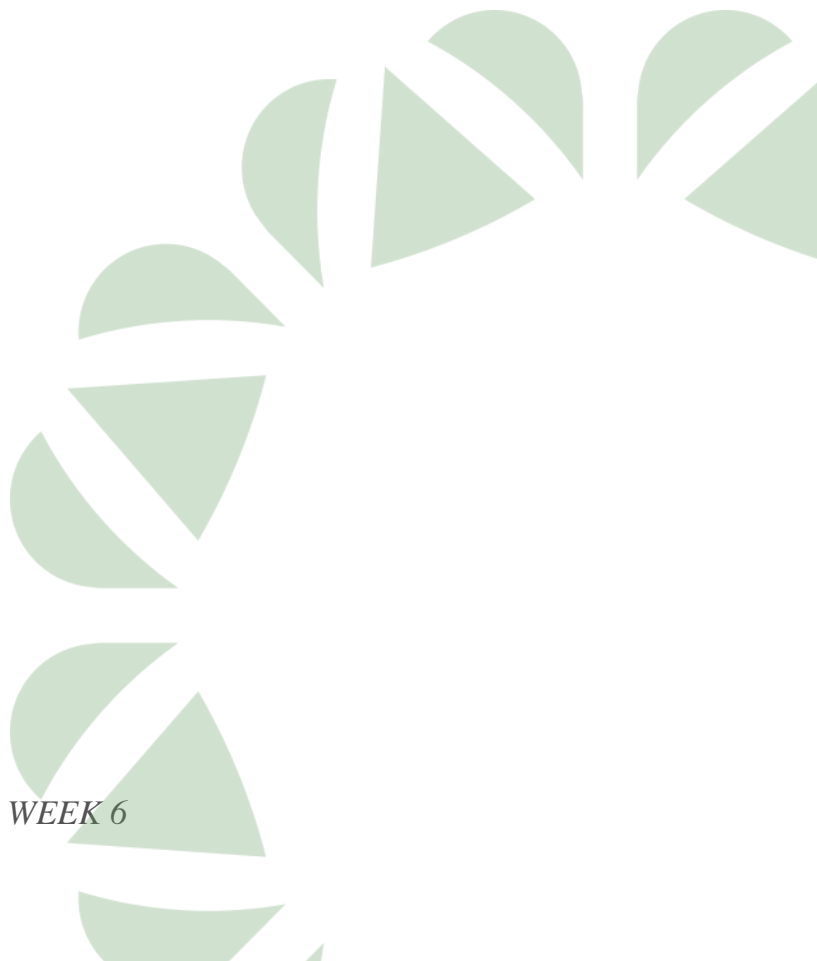
*DINNER*

Turkey Divan w/ Cheese Sauce, Candied Yams, Green Beans, Roll/Butter, Frosted Pumpkin Bar, Milk

OR

Grilled Chicken Breast, Greek Salad, Pita Bread Dippers, Hummus 

 Healthy Heart  
 Gluten Free



WEEK 6